



# Franklin Academy Middle School Athletics



## 7<sup>th</sup>-8<sup>th</sup> Grade Sports

**Students in Grades 7&8** have the opportunity to participate in the athletic program. *Registration due dates are set to ensure viability of the program and to secure coaching staff.* Please see the seasons list for all our middle school offerings. Eligibility packets, sport fee, and current sports physicals must be turned in before a student may begin the season. See below for more information.

### **Commonly Asked Questions about Middle School Sports:**

#### **Q. What are the days and times for practice, games, and meets?**

A. Practices run Mon-Fri from 3:15-4:45 PM on full school days. There are no practices on half-days, Holidays or Teacher Work Days. Games/Meets start @4pm and run into the evenings. Game Schedules are usually posted 1 week following the beginning of practices. Coaches will communicate using SportsYou APP and email

#### **Q. What is due by the turn in date in order to be CLEARED to participate?**

A. The following items are required in order to participate:

- Eligibility Form
- Liability Release
- Parent Permission
- Emergency Information
- Concussion and Cardiac Arrest Form
- Sports Physical-*Due every 2 years*
- Athletic Fee: \$175 per sport

#### **Q. Where do I go and what do I need in order to sign up for school sports?**

A. Eligibility forms are available online and outside the Markell Hall office. Complete steps 1-4 above. Insurance is not available. Please turn in all forms and fees to the front office.

**Q. What else is required for participation?** A. In addition to the above requirements, students participating in middle school athletics are expected to be in good academic (all classes 70% or higher) and behavioral standing as well as

**Season 1:** Register by: Aug. 15th  
Cross Country: Aug 26-Oct 18

**Season 2:** Register by Oct.10/Nov.14  
Girls Basketball: Oct 21- Dec 6  
Boys Basketball: Dec.2- Jan 31

**Season 3:** Register by Jan.16th  
Volleyball: Feb.3- Mar 21

**Season 4:** Register by Mar. 6th  
Track and Field: Mar 24- May 16

attend all practices, games, and meets. Remember, you represent the face of your school as a student athlete. Be safe, respectful, and responsible both on and off the field and always give your best.

**Q. Why all the fuss about deadlines?**

A. Our goal is to offer a quality program for students. Participation numbers determine how many coaches can be hired and equipment or uniforms needed for the sport. Also, student athletes are required to participate in at least eight practices, as per the WIAA and our League and it helps everyone to work well as a team, receive the proper training, and safely play in games or participate in meets.

**Q. What if I don't have much or any experience in the sport? Can I still play?**

A. Middle school is a great time to try a new sport. Just arrive with a desire to work as a team, a commitment to attending, and a good attitude! If you are experienced, there is always something to learn and someone to encourage. Work hard, participate, and have fun!

**Q. Is transportation provided to or from practices or to and from games?**

A. Transportation for practices and games is not provided. Parents need to arrange transportation for their child. If students are dismissed early for an event, parents must sign them out or the person picking up the students will need to sign them out as well as have a note of permission from their parent/guardian. When leaving a game with another family the note needs to be given to the coach with the parent(s) permission.

**Q. Can students get a ride to the game with a coach?**

A. No, coaches are not allowed to drive any students to or from games or practices.



**Q. If I am absent, am I required to bring a note?**

A. Yes. Absences from practice, games, or meets require communication from a parent/guardian in order to be excused. Excused absences are the same as for school and are limited to doctor appointments or illness. Remember, your teammates and coaches depend on you to commit to participating in practices consistently and regularly in order to improve and work as a team.

**Q. If I am absent from school on a game or meet day, can I still participate?**

A. Students must be present for the majority of the school day (4 out of 5 periods) in order to participate in practices or games. If there is a medical reason for absence, this must be communicated with the office and Coach.

**Q. If I am injured, can I keep playing as long as I feel okay?**

A. Injuries require a doctor's note for clearance. This is particularly important in the case of head impact. Please let your coach know right away if you have an injury and he or she will complete an accident report. Always warm up to stretch muscles, attend practices to develop skills and take care of yourself by drinking plenty of water, getting a good sleep, and eating healthy foods.