



Franklin Academy **Middle School Athletics** **2023-24**



Students in Grades 6-8 have the opportunity to participate in a quality athletic program. *Registration due dates are set to ensure viability of the program and to secure coaching staff.* Please see the list below for all our middle school offerings. Eligibility packets, sport fee, and current sports physicals must be turned in before a student may begin the season. Please see the Q & A section for more information.

Commonly Asked Questions about Middle School Sports:

Q. What are the days and times for practice, games, and meets?

A. Practices run Mon-Fri from 3:15-4:45 PM on full school days. There are no practices on half-days, Holidays or Teacher Work Days. Games run into the evenings. Game Schedules are usually posted 1 week following the beginning of practices. Coaches will communicate using SportsYou APP and email

Q. What is due by the turn in date in order to be CLEARED to participate?

A. The following items are required in order to participate:

- Eligibility Form
- Liability Release
- Parent Permission
- Emergency Information
- Concussion and Cardiac Arrest Form
- Sports Physical-*Due every 2 years*
- Athletic Fee: \$175 per sport

Q. Where do I go and what do I need in order to sign up for school sports?

A. Go to our main office and the forms are next to the administrative assistant's window. Complete steps 1-4 above. Insurance is not available. Please turn in all forms and fees to the front office.

Q. What else is required for participation? A. In addition to the above requirements, students participating in middle school athletics are expected to be in good academic (all classes 70% or higher) and behavioral standing as well as attend all practices, games, and meets. Remember, you represent the face of

6th-8th Grade Sports

Season 1: Register by: Aug. 15th
Cross Country: Aug 28-Oct 20

Season 2: Register by Oct.10/Nov.14
Girls Basketball: Oct 23- Dec 8
Boys Basketball: Nov 27- Jan26

Season 3: Register by Jan.16th
Volleyball: Jan 29- Mar 15

Season 4: Register by Mar. 6th
Track and Field: Mar 18- May 10

your school as a student athlete. Be safe, respectful, and responsible both on and off the field and always give your best.

Q. Why all the fuss about deadlines?

A. Our goal is to offer a quality, safe program for students. Participation numbers determine how many coaches can be hired and equipment or uniforms needed for the sport. Also, student athletes are required to participate in at least eight practices in order to work well as a team, receive the proper training, and safely play in games or participate in meets.

Q. What if I don't have much or any experience in the sport? Can I still play?

A. Middle school is a great time to try a new sport. Just arrive with a desire to work as a team, a commitment to attending, and a good attitude! If you are experienced, there is always something to learn and someone to encourage. Work hard, participate, and have fun!

Q. Is transportation provided to or from practices or to and from games?

A. Transportation for practices and games is not provided. Parents need to arrange transportation for their child. If students are dismissed early for an event, parents must sign them out or the person picking up the students will need to sign them out as well as have a note of permission from their parent/guardian. When leaving a game with another family the note needs to be given to the coach with the parent(s) permission.

Q. Can students get a ride to the game with a coach?

A. No, coaches are not allowed to drive any students to or from games or practices.



Q. If I am absent, am I required to bring a note?

A. Yes. Absences from practice, games, or meets require communication from a parent/guardian in order to be excused. Excused absences are the same as for school and are limited to doctor appointments or illness. Remember, your teammates and coaches depend on you to commit to participating in practices consistently and regularly in order to improve and work as a team.

Q. If I am absent from school on a game or meet day, can I still participate?

A. Students must be present for the majority of the school day (4 out of 5 periods) and be excused if they are going to practice. For games students must be present for a full day.

Q. If I am injured, can I keep playing as long as I feel okay?

A. Injuries require a doctor's note for clearance. This is particularly important in the case of head impact. Please let your coach know right away if you have an injury and he or she will complete an accident report. Always warm up to stretch muscles, attend practices to develop skills and take care of yourself by drinking plenty of water, getting a good sleep, and eating healthy foods.